

**CRESCENT BEACH SWIMMING CLUB
LIFESAVING SUMMER 2026**

Head Coach Sam Ridge

Assistant Head Coach Briar Hammond

BRONZE STAR – July 4 and 5 8am-1pm (Prerequisite: must be 12 years old by December 31)

Fee \$125

BRONZE MEDALLION - July 17 4pm-8pm, July 18 and 19 8am-4pm

(Prerequisite: Bronze Star certification or 13 years old by July 19, 2026. Fee includes textbook & pocket mask)

Fee \$245

BRONZE CROSS – August 6 and 7 4pm-7:30pm, August 8 and 9 8am-4pm

(Prerequisite: Bronze Medallion certification)

Fee \$230

Bring a lunch, goggles, water bottle, bathing suit, towel, pen and notebook.

****Please note** there are water proficiency and first aid standards mandated by the Lifesaving Society and passing the CBSC lifesaving courses is subject to meeting these standards. See additional handouts for information on each course and the Lifesaving Society standards required by each participant to pass.

- [Bronze Star - Evaluation & Skills](#)
- [Bronze Medallion - Evaluation & Skills](#)
- [Bronze Cross - Evaluation & Skills](#)