

CBSC Development Water Polo 2026

Development Water Polo (3 groups)

1. 10U - born 2016/2017
2. Splash program - born 2018/2019
3. Girls only Dev Water Polo - born 2016/2017/2018/2019

10U Training Days (once a day/4 days a week): All developmental players **must be able to swim 25 meters**. 10U's practice will be divided equally between the small pool and the big pool. Kids must **be able to tread water on their own** in the big pool.

- Monday/Tuesday/Thursday/Friday 3:30-4:15 pm or 4:00- 4:45 pm

The U10 sessions will be 45 minutes in the afternoons, M/T/Th/F. Fee: \$105/month

Girls only Dev Water Polo

Training days (twice per week for 30 mins Tues/Thurs, mornings); Fee: \$80/month
Practices will be in the small pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge in a fun Girls Only atmosphere.

Note:

Girls ages 2018/2019 can do this class alone or in addition to a Splash Dev WP class of your choice

Girls ages 2016/2017 can do this class alone or in addition to a 10U Dev WP class of your choice

Splash Training Days twice a week for 30 minutes in the shallow water pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge. Fee: \$80/month

- Class 1: Monday, Thursday 2:00-2:30pm
- Class 2: Tuesday, Friday 2:00-2:30pm
- Class 3: Monday, Thursday 2:30-3:00pm
- Class 4: Tuesday, Friday 2:30-3:00pm - will open up this class if needed

If you have questions please contact our coaches waterpolo@cbswimclub.ca

The Crescent Beach Swimming Club will be hosting its annual **10U/12U/14U Water Polo Tournament on Wednesday July 22**. The tournament will be fun and we encourage all 10U players to attend. Samara Bassett will be our tournament coordinator this year, please contact her if you have any questions or are able to help out Samara.bassett@gmail.com

Head Development Water Polo Coach: Charlotte Bastien

Assistant Head Coach: Liam

Coaches: Wolf, Callum, Kiera, Ricky, Rowan