

CRESCENT BEACH SWIMMING CLUB

Artistic Swimming - Competitive

Summer 2026

Welcome to the CBSC Competitive Artistic Swimming Team! This program is designed for swimmers who are eager to take their artistic swimming to the next level, building their skills in a fun, supportive and competitive team environment. Athletes will spend the summer improving figures, learning routines, and participating in competitions.

REGISTRATION AND FEES:

- CBSC Competitive Artistic Swimming Fee: \$380
- All competitive artistic swimmers must register for BCSSA on registration day. This annual BCSSA registration fee for insurance is required for all competitive swimmers, water polo players and artistic swimmers. Link to purchase: [BCSSA](#). Please email bcssaregistrar@cbswimclub.ca if you have any questions about BCSSA registration.
- **Prerequisite:** 3 years of Rec Art Swim; completion of Star 3; currently registered in Rec Art Swim

COMMITMENT:

Full commitment of both July and August is required due to the short season and team development of the routines. Attendance at all practices and meets is necessary.

SCHEDULE:

** There will be a brief parent meeting at the beginning of the first practice on Monday June 29th at 6:15pm.*

Practice Schedule:

(exact schedule will depend on numbers and team assignments and will be confirmed at the parent meeting):

- Mondays: 6:15pm - 8:30pm, CBSC Pool, all teams.
- Tuesdays & Thursdays: 7:15pm - 8:30pm, CBSC Pool, each team will have either Tues or Thurs
- Tuesdays: 12:00pm - 1:00pm, TBD (extra practices as necessary).
- Wednesdays: 8:00am - 12:00pm, CBSC Pool, each team will be assigned two hours.
- Practice times on Thursday, July 16th will vary to accommodate the CBSC dances

Competition Schedule:

- Coquitlam Sharks Feedback Meet: July 14th, 4pm - 9pm **TBC**, City Centre Aquatic Complex.
- Fraser South Regionals Meet: July 30th, 4pm - 9pm, Guildford Rec Centre.
- CBSC Art Swim Exhibition: August 5th, 6:00pm, CBSC Pool.
- Provincials: August 13th, 8:00am-2:00pm, Kamloops (there will be additional provincial fees)

PROVINCIALS:

Kamloops, August 11th-16th, 2026

Meet package: [2026 Provincial Championships](#)

Hotel information - We have booked a block of rooms in Kamloops and this information will be provided to all the groups via your Parent Coordinator along with more information at the Parent Meeting, Monday June 29th.

Provincial Fees - These fees help cover meet fees and extra coaching fees related to travel. Fees will be billed to your account in late August.

GEAR:

Each swimmer must have a nude nose plug, plain white cap, and plain black swimsuit (inside out CBSC suit works fine). Also, each swimmer will need to purchase matching swimsuits that work well with the theme of their team routine. The coaches will coordinate this purchase. For practice, swimmers need to bring a nose plug, bathing suit, swim cap, water bottle and towel. Those with long hair must tie it back or wear a swim cap. We encourage all artistic swimmers to wear swim caps.

We are excited to work with your artistic swimmers this summer!

Head Artistic Swimming Coach: Cameron Forrest artisticswimming@cbswimclub.ca

Artistic Swimming Parent Volunteer: Amy Cranston amyjanecranston@me.com