

CRESCENT BEACH SWIMMING CLUB
Artistic Swimming - Recreational
SUMMER 2026

Welcome to a fun and creative summer of Artistic Swimming!

Recreational Artistic Swimming is a wonderful way for swimmers to participate in a water sport while building strength, coordination and creativity. In July lessons, swimmers will learn new skills and figures and in August lessons, swimmers will learn a fun routine to perform at the annual CBSC Synchro Show.

Program Prerequisites:

- open to swimmers turning 7+ in the current calendar year
- swimmers must be able to swim 50m comfortably

Fees:

July only: \$125

July & August: \$260

Locations:

Star 1-2: CBSC Pool

Star 3-10: Mathisen Pool (12335 Sullivan St.)

Attendance:

August lessons focus on preparing for the Show, so there is not enough time for beginners to learn foundational skills. If registering for one month only, please choose July. Artistic swimming is a team sport and routines depend on all swimmers being present. **Consistent attendance is especially important in August, as absences impact the entire group.**

Star Schedule:

Star	Time	Location
4	9:00	Mathisen pool
5	9:30	Mathisen pool
6/8	10:00	Mathisen pool
7	10:30	Mathisen pool
9/10	11:00	Mathisen pool
3	11:30	Mathisen pool
2	1:00	CBSC
1	1:30	CBSC

Suggested age by Star:

Star	Born
1	2019
2	2018
3	2017
4	2016
5	2015
6	2014
7/8	2013/2012
9/10	2012/2011

*lessons run every weekday, except Wednesday

*we strongly recommend taking the Star program in order

What to bring:

Please bring the following to practice: nose plug, bathing suit, swim cap, water bottle and towel. A black bathing suit (CBSC black suit is fine) is recommended for artistic swimming.

We look forward to working with your artistic swimmers this summer! If you have any questions, please contact Head Coach Cameron and Assistant Head Coach Annabelle at artisticswimming@cbswimclub.ca

Artistic Swimming Parent Volunteer: Amy Cranston email: amyjanecranston@me.com

Please save these important dates:

- Thursday, July 23rd: Banana Split Day, more details to follow
- Sunday, August 16th: Synchro Show dress rehearsal and Pizza Night, 5:00pm – 8:30pm, CBSC Pool
- Wednesday, August 19th: Synchro Show Final dress rehearsal, 10:15 am – 12:15 pm, CBSC Pool
- Thursday, August 20th: CBSC Synchro Show, 7:00 pm, CBSC Pool

The Mathisen Pool – Guidelines

The Mathisen family kindly donates their private swimming pool to the CBSC artistic swimming program every summer. We are grateful to the Mathisen Family for their generosity and we ask that everyone follows the guidelines below to ensure the safety of our artistic swimmers and to respect the privacy of the Mathisen family.

1. No parents are allowed on the property. We ask that you drop your swimmer off at the gate. On the first day, coaches will be at the gate to escort the swimmers to the pool.
2. Please do not congregate on the driveway or wait near the gate as this entrance is used by many people in the morning and we are concerned about safety. We ask that you wait to the east of the entrance near the bus stop for your swimmer and use the crosswalk to cross Beecher/ Sullivan Street.
3. Please do not park in front of the gate or block access to the driveway.
4. There are dogs on the property. Please always close the pedestrian gate behind you.
5. Please ensure no items, including garbage, are left behind.
6. Swimmers should not loiter on the Mathisen property before or after their lesson.

We also want to stress that there can be busy vehicle traffic in front of the Mathisen gate. Safety is always our priority, so please make sure your child uses caution when arriving or leaving the pool.

If you have any questions, please do not hesitate to contact Amy at amyjanecranston@me.com

Thank you for following these guidelines.