

CRESCENT BEACH SWIMMING CLUB
VOLLEYBALL
SUMMER 2023

We are pleased to welcome you to CBSC volleyball for the 2023 season! This year the coaches consist of Head Coach Chloe Fong, Assistant Head Coach Brayden Dumont, and Coaches Lily Cox, Maggie Turner, and Pete Montgomerie. The coaches have extensive volleyball training and experience and would like to acquaint both old and new students to the game. The program is recreational, and includes instruction in skills, drills, scrimmages, and games of six-players-per-side volleyball.

July lessons will focus on skills, drills and scrimmages. During the month of August, the coaches will continue to work on those techniques, and will include mini tournaments, so players will learn the structure of the game. All volleyball lessons will be at the Crescent Beach beachfront volleyball court located by the tank, across from where the footraces are held.

All classes are **\$60/month** and the program offers 45-minute lessons twice a week for children ranging from 11-15 years old.

Classes:

11-12 year olds

July/August - Monday & Thursday 9:15am-10:00am
July/August - Tuesday & Friday 10:00am-10:45am
July/August - Tuesday & Friday 10:45am-11:30am
July/August - Monday & Thursday 12:00pm-12:45pm
July/August - Tuesday & Friday 12:45pm-1:30pm

13-15 year olds

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