

CBSC Development Water Polo 2023

Development WATER POLO (2 GROUPS)

1. U10 born 2014/2015
2. Splashes Program born 2015/2016

U10 Training Days for 2022 (once a day/4 days a week): All developmental players must be able to swim 25 meters. U10's practice will be divided equally between the small pool and the big pool. Kids must be able to tread water on their own in the big pool.

- Monday/Tuesday/Thursday/Friday 3:45-4:30

The U10 sessions will be 45 minutes in the afternoons, M/T/Th/F. Fee: \$80/month

Splashes Training Days for 2022 run twice a week for 30 minutes and is spent in the shallow water pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge.

- Class 1: Monday, Thursday 2:15-2:45
- Class 2: Tuesday, Friday 2:15-2:45
- Class 3: Monday, Thursday 2:45-3:15
- Class 4: Tuesday, Friday 2:45-3:15
- Class 5: Monday, Thursday 3:15-3:45
- Class 6: Tuesday, Friday 3:15-3:45

Fee: \$60/month

The Crescent Beach Swimming Club will be hosting its annual U10 and U12 water polo tournament on Wednesday July 26, 2023. The tournament will be fun and we encourage all U10 players to attend. David McCallum will be our tournament co-ordinator this year, please contact him if you have any questions or are able to help out at dwmccallum@hotmail.com

Welcome back to CBSC summer Water Polo!
Head Water Polo Coach: Thomas Gibson
Developmental Coaches: Finn Glanville(assistant head coach)
Coaches: Sadie Jorgensen and Charlotte Bastien

