

Water Polo Program 2021

The information on this page relates to our 2021 season.

Water polo is played in deep water and players must be comfortable treading water, and have a solid swimming background. We offer competitive (three teams U12/U14/U16) and developmental (U10 and Splashes)

COMPETITIVE WATER POLO (3 GROUPS)

1. U12 born 2010/2011
2. U14 born 2008/2009
3. U16 born 2006/2007

All competitive players must be able to swim 200 meters unassisted.

U12 Training Days (once a day/5 days a week):

- Monday/Tuesday/Thursday/Friday: 3:45pm to 4:45pm
- Wednesday: 11:45pm to 1:00pm

U14 Training Days (once a day/5 days a week):

- Monday/Tuesday/Thursday/Friday: 4:30pm to 5:30pm
- Wednesday: 12:45pm to 2:00pm

U16 Training Days (once a day/5 days a week):

- Monday/Tuesday/Thursday/Friday: 5:30pm to 6:30pm
- Wednesday: 1:45pm to 3:00pm

Fee: \$100/month

Due to Covid-19 the BCSSA competitive season has been cancelled. Therefore there will be no regionals and provincials.

DEVELOPMENTAL WATER POLO (2 GROUPS)

1. U10 born 2012/2013
2. Splash Program born 2013/2014/2015

U10 Training Days (once a day/4 days a week): All developmental players must be able to swim 25 meters.

- Monday/Tuesday/Thursday/Friday: 3:45-4:30pm

The U10 sessions will be 45 minutes in the afternoons, M/T/Th/F. Fee: \$70/month

Splashes Training Days Run twice a week for 30 minutes and most of the time is spent in the shallow water pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge.

- Class 1: Monday, Thursday 2:15-2:45pm
- Class 2: Tuesday, Friday 2:15-2:45pm
- Class 3 : Monday, Thursday 2:45-3:15pm
- Class 4: Tuesday, Friday 2:45-3:15pm
- Class 5: Monday, Thursday 3:15-3:45pm
- Class 6 Tuesday, Friday 3:15-3:45pm

Fee: \$45/month

The U10/U12 CBSC tournament will be held on July 28, 2021

Welcome back to CBSC summer Water Polo!

Head Water Polo Coach: Quinn Davies

Email: waterpolo@cbswimclub.ca

Competitive coaches : Thomas Gibson (Assistant head coach), Harry Gibson, Joe Rosette

Developmental Coaches: Emmett Thomson (Assistant head coach), James Glanville, Sadie Jorgensen

Finn Glanville

Water Polo parent representative: Karen Rosette Rosette5@telus.net

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