

CRESCENT BEACH SWIMMING CLUB
VOLLEYBALL
SUMMER 2019

We are pleased to welcome you to CBSC volleyball for the 2019 season! This year, Head Coach Fiona O'Callaghan and Coaches Simon Radcliffe and Samantha Fransen will run the program. The coaches have extensive volleyball training and experience and would like to acquaint both old and new students to the game. The program is recreational, and includes instruction in skills, drills, scrimmages, and games of six-players-per-side volleyball.

July lessons will focus on skills, drills and scrimmages. During the month of August, the coaches will continue to work on those techniques, and will include mini tournaments, so players will learn the structure of the game.

All classes are **\$50/month** and the program offers 45-minute lessons twice a week for children ranging from 11-15 years old.

Classes:

11-12 year olds

July/August - Monday & Thursday 12:45-1:30pm
July/August - Tuesday & Friday 12:45-1:30pm
July/August - Monday & Thursday 1:30pm-2:15pm
July/August - Tuesday & Friday 1:30pm-2:15pm



13-15 year olds

July/August - Monday & Thursday 11:15-12:00pm
July/August - Monday & Thursday 12:00-12:45pm
July/August - Tuesday & Friday 12:00-12:45pm