

**CRESCENT BEACH SWIM CLUB**  
**DEVELOPMENTAL WATER POLO**  
**SUMMER 2018**

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The Crescent Beach Developmental Water Polo Program is designed for the young players who are new to the sport of water polo and would like to develop their skills in hopes of playing on the competitive teams in years to come.

The Developmental Program has smaller class sizes which enables more one-on-one coaching than the competitive program with a focus on basic skill development.

**All developmental players must be able to swim 25 meters in deep water.**

**SPLASH**

The Splash program is for players ages 7 to 9 as of December 31<sup>st</sup> 2018 (born 2009/2010/2011). The program runs twice a week for 30 minutes and most of the time is spent in the shallow water pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge.

- Class 1: Monday, Thursday 2:45 – 3:15pm
- Class 2: Tuesday, Friday 2:45 – 3:15pm
- Class 3: Monday, Thursday 3:15 – 3:45pm
- Class 4: Tuesday, Friday 3:15 – 3:45pm

**U10**

The U10 Program is for players ages 8 and 9 as of December 31<sup>st</sup> 2018 (born in 2009/2010).

The program runs four days a week, Monday, Tuesday, Thursday, and Friday, for 45 minutes. The first part of the class is spent on dry land which includes stretching and running. The second part of the class is spent in both the deep water and shallow water pools working on developing swimming skills, ball handling skills, and water polo game knowledge.

- Monday, Tuesday, Thursday and Friday - 3:45 – 4:30pm

**THE CBSC U10/U12 TOURNAMENT**

Crescent Beach will be hosting the fifth annual U10/U12 water polo tournament on July 25, 2018. This event is all about fun and learning, and all U12, U10 and capable Splash players are encouraged to participate.

**REGISTRATION FEES**

The registration fee for Splash program is \$45.00/month.  
The registration fee for U10 program is \$65.00/month for the U-10 program.  
The Splash and U10 fees will cover the cost of the July 25 tournament.

**COACHES**

- Cameron Davies, Co-Head Coach
- Spence Thomson, Co-Head Coach
- Christopher Nelson, Coach
- Simon Radcliffe, Coach