

# Swim Team 2018

## COMPETITIVE

For those swimmers representing CBSC at swim meets during the summer. Swimmers are expected to compete in meets selected by their coaches. Training is twice a day MTThF. **Fee: \$150/month**, includes meet entry fees (Provincial fees will be an additional cost). **Swimmers must be registered with BCSSA\*.**

For our comprehensive Parent Handbook covering the basics of competitive swimming, click here.

## CBSC 2018 Competitive Meet Schedule

July 14/15 - Surrey/Cloverdale Swim Meet  
July 18 - CBSC B Meet  
July 21/22 - WRASA Meet  
August 3/4/5 - Regionals in Richmond, Watermania  
August 17-19 - Provincials in Surrey, Guildford Pool

## DEVELOPMENTAL

An introduction to competitive swimming by building endurance, strength and developing proper techniques in competitive strokes. All developmental swimmers must be able to swim 300 meters comfortably and have a good grasp of all four strokes. Training is once a day, MTThF. Developmental swimmers are encouraged to swim in the CBSC "B" Meet on July 19 as well as the two other developmental meets. **Fee: \$90/month. Swimmers must be registered with BCSSA\* if they wish to compete in any swim meets other than CBSC B Meet.** BCSSA is not required if only registering in the CBSC B Meet.

## CBSC 2018 Developmental Meet Schedule:

July 4 -Ladner  
July 11 - Kigoos  
July 18 - CBSC B Meet

**CBSC will be attending the Ladner Developmental Meet on July 4! Please mark that date on your calendar, the meet starts at 5:00 pm. Registration for this developmental meet (Div 3 and under) with take place on registration day. Please email Kendra, our head developmental coach, at [KLukas84@mychs.ca](mailto:KLukas84@mychs.ca) if your child would like to attend this meet and/or if you have any questions.**

## **New for 2018: INTRO TO DEVELOPMENTAL**

For those ready to do more than 25 min lessons but not quite ready for the large Developmental class, must be able to swim 200 meters without assistance and have a good grasp of all four strokes. Training is once a day, MTThF. **Fee: \$85/month**

### **\*BCSSA**

**An annual registration fee of \$42 for insurance is required for all developmental swimmers (if they wish to compete in a developmental swim meet other than CBSC B Meet), competitive swimmers, competitive water polo players and competitive synchro swimmers . *Registration must be completed by July 6, 2018 to be eligible to swim in Regionals.* The fee is \$42 regardless of how many disciplines the child is registered in and is valid May 1/18 to April 30/19. (Covers winter maintenance if applicable).**

**BCSSA registration is online <http://www.active.com/surrey-bc/water-sports/swimming-registrations/19-bcssa-cbcs-2018>.**

**Contact Anna Nelson at [cbscregistrar@gmail.com](mailto:cbscregistrar@gmail.com) for further information.**