

CRESCENT BEACH SWIMMING CLUB
COMPETITIVE WATER POLO
SUMMER 2018

Welcome to Competitive Summer Water Polo at the Crescent Beach Swimming Club!

If you or your child is new to the sport of water polo, it is an enjoyable co-ed team sport that is played with seven players a side including a goalie. Water polo is played in deep water pools so players must be comfortable treading water and have a solid swimming background.

TEAMS AND PRACTICES

Our competitive program has three different teams (U12, U14, U16). All three teams will have a practice twice a day on Monday, Tuesday, Thursday and Friday.

All competitive water polo players must be able to swim 400 meters in deep water within a reasonable time period.

	Age Group	Age	Year of Birth	Practices
Competitive	U12	11 and under	2007 and younger	Mon/Tue/Thu/Fri 8:30am to 9:30am AND 4:00pm to 5:00pm
Competitive	U14	12 and 13	2006 2005	Mon/Tue/Thu/Fri 7:30am to 8:30am AND 4:45pm to 5:45pm
Competitive	U16	14 and 15	2004 2003	Mon/Tue/Thu/Fri 8:30am to 9:30am AND 5:45pm to 6:30pm

Players should be at practice at least 5 minutes early to stretch. Please note that these practice times may be adjusted in order to best accommodate the numbers of players that register for the various teams.

If a competitive swim practice is at the same time as a water polo practice, players are excused from the water polo practice until the swim practice is finished as long as they are attending the swim practice.

REGISTRATION INFORMATION & FEES

Water Polo Registration Fee

The registration fee for CBSC competitive water polo is \$125.00/month. This fee will cover the cost of three tournaments for the player as well as the Regional tournament. There is a discount on the water polo fee for players also registered in competitive swimming.

BCSSA Fee

In addition, an annual registration fee of \$42 for insurance is required for all competitive swimmers, competitive water polo players and competitive synchro swimmers. *Registration must be completed by July 6, 2018 to be eligible to play at Regionals.* The fee is \$42 regardless of how many disciplines the child is registered in and is valid May 1/18 to April 30/19. (covers winter maintenance if applicable).

Provincial Championships Fee

Assuming teams will qualify for the Provincial Championships, each player selected for the Provincial roster is required to pay an additional fee to attend Provincials. This fee will cover the tournament entry fees and the expenses of the competitive coaches while they are at Provincials. Provincials will be held this year in Surrey, BC, from August 13th–15th, 2018.

TOURNAMENTS

Team managers will advise the teams of tournament dates by email. Parents will be asked to reply to Team Managers and let them know if their child can attend the tournament. We encourage all players to attend all tournaments! Games are the best way to learn and have fun improving.

Each age group will attend a maximum of 3 tournaments in July.

Please note, the first tournament for our U14 and U16 will be the first week of swim club (**Friday, July 6**). Team Managers will share full details ASAP.

REGIONALS/PROVINCIALS

In order to qualify under BCSSA rules to play in the Regional Tournament and the Provincial cChampionships, players must have played in at least one of the tournaments in July.

Dates for 2018 Regional Tournament and Provincial Championships are:

- Fraser South Regional Tournament (at Surrey Sports & Leisure Pool, Surrey) on Wednesday, August 1.
- BCSSA Provincial Championships (in Surrey, BC) on Monday/Tuesday/Wednesday (August 13/14/15).

ROSTER SELECTION POLICY

With the exception of the Regional tournament and the Provincial championships, every effort will be made to ensure that all players will be offered an equal amount of play time at tournament games. In accordance with BCSSA rules, at least three girls and three boys must always be in the water at each game, and this will be reflected in our selection process for all games. If there are enough players for two teams for any one age group, players will be selected for the rosters for the first tournament in order to make two balanced teams. For the second tournament and/or the third tournament, players may be selected for the rosters in order to make two tiered teams. The water polo coaches will assess the teams and decide whether to enter balanced or tiered teams in the second and/or third tournaments.

For the Regional tournament and the Provincial championships, BCSSA limits the roster to 13 players and 2 alternates. The water polo coaches will decide which players will be selected onto each roster. The Water Polo Representative, Jane Gibson, will review and approve these rosters before they are sent to BCSSA.

During the Regional tournament and the Provincial championships, the CBSC policy is to play to win; therefore, the coaches will decide the play time given to each player during these games. The following criteria will primarily be used to select the water polo players for the top tiered team, the Regional team and the Provincial team: ability, team skills, attendance, and attitude. Players should keep in mind that these areas of evaluation apply to both practices and tournaments.

U10 AND U12 WATER POLO TOURNAMENT

The Crescent Beach Swimming Club will be hosting its annual U10 and U12 water polo tournament on the afternoon of Wednesday July 25th. This tournament will be a fun tournament and we encourage all U10 and U12 players to attend! We will need volunteers to assist with the tournament. To the extent needed, training will be provided. If you can help, please contact Karen Rosette at rosette5@telus.net.

COMMUNICATION

The CBSC water polo coaches and the team managers will be contacting parents throughout the summer by email so please ensure that your email address is shown as your child's contact email address in your family's ActiveNet account. Please check your email daily since information regarding tournament scheduling can change as late as the night before the tournament – this has created problems in the past. As well, team managers will contact you by email to determine if your child is available to play in the tournaments (a prompt response is appreciated).

TEAM MANAGERS

Team managers are as follows:

- U12 – To Be Confirmed
- U14 – Karen Rosette
- U16 – Sabina Malli

VOLUNTEERS AND THE WATER POLO OFFICIALS' CLINIC

We need lots of volunteers to help with the water polo tournaments that we attend. At all tournaments, we are required to have one or two parents at the officials table. If you can attend the water polo tournaments and can help out, it will be greatly appreciated. You can learn the various roles while at the games!

As well, this year we will be hosting a water polo officials' clinic on Wednesday, July 11, 2018 at 7:00 pm at the Club House. This will be a great opportunity to learn the many roles and ask questions!

COACHES

Our CBSC competitive water polo coaches this summer are:

- Sean Lukas, Head Coach
- Megan Seidel, Assistant Head Coach
- Cameron Davies, Coach
- Spence Thomson, Coach
- Quinn Davies, Coach
- Lara Shinkaruk, Coach

Welcome back to summer water polo!

SEAN LUKAS
CBSC Water Polo Head Coach

JANE GIBSON
CBSC Water Polo Rep